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The life of Ito Jakuchu

By Haruka Murakami

Ito Jakuchu was a famous Japanese painter of the mid-Edo period.

He resided mainly in Kyoto. His life is shrouded in mystery.

He was born in Kyoto in 1716, the son of a wholesaler and he worked there until he was forty years old and only painted as a hobby at that time.

His paintings have become very famous three hundred years after his death at the age of eighty.

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He resided mainly in Kyoto. His life is shrouded in mystery.

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famous three hundred years after his death at the age of eighty.

Art galleries have recently exhibited his paintings and they are gaining popularity around the world.

His works include ink paintings, portraits, woodblock prints and so on. His hobby was painting animals and plants true to life. For example, he often painted chickens, parrots and tigers.

His paintings show a dynamic and uplifting feeling. Other artists become a pupil of famous artisans, but Ito was self-taught.

He painted many chickens, fishes and so on every day in order to become a better painter.

Many of his works were displayed at the Hokkaido Museum of Modern Art in the summer of this year.



There were big scroll paintings of an elephant and of many chickens.

He had never seen a real elephant, so it was a little deformed but also very cute. All his works are very good.

I recommend his paintings to everyone. If you have a chance, you should watch TV and read magazines about his life.

If you are interested in his paintings and other famous artists, you should visit many museums to expand your knowledge.

DREAM vol. 9

By Rei Morita



What did you do on December 23 of last year?

You missed a great dance performance.

The Dream dance performance is held by many college student street dancers every year in Hokkaido and last year was the 9th time.

Other than Sapporo University, some students are participating from Otaru, Muroran, Iwamizawa and other cities near Sapporo.

There were 290 participants this year covering nine genres including hip hop, house, break, pop, lock, waack, freestyle, jazz and krump.

Even if you do not know much about street dance it is okay be-

cause each genre is performed separately, so you can understand clearly which genre is what kind of dance. It is very exciting.

This performance has been operated for nine years by Spark, a group organized by college students planning and managing dance events. Doors opened at 5:30 p.m. and performances started at 6:30 p.m.

The time the event finishes depends on the content each year, but it usually lasts about three hours.

Both advance tickets and on-day tickets were ¥2,000. Usually, dance events tickets are ¥3,000 to ¥5,000, so you can watch a wonderful stage performance at a cheap price for your great Christmas memories.

Why don't you go next year with your family or friends?

Mao Asada exhibition in Sapporo

By Tomoko Ishizuka

The Mao Asada exhibition was open for limited time from Oct.17 to 29 at DAIMARU Department Store. The admission was free.

The exhibition displayed pictures and photograph panels from her childhood period to retirement.

There was a theater where you could buy original goods, books, CDs and DVDs. In the theater you could watch her famous performances and interviews.

There was an area take a photo with a background panel of Mao. There was a big message board on which a lot of messages were written by her fans.

The exhibition was held in Tokyo, Kanagawa, Osaka, Kyoto, Niigata, Okayama, Aichi, Ibaraki, Ehime, Fukuoka, Sapporo and Miyagi.

Mao was born in Nagoya in 1990. She began skating at the age of five years old. She also studied classical ballet from three to nine years old.

The reason she started skating was to strengthen her ankles for ballet. She won the championship at the Grand Prix finals of 2005-2006 and it was hoped that she would participate in the Torino Olympics.

However, she was not allowed to compete because the age limit was 16 years old.

She moved to Lake Arrowhead, California in the summer of 2006 to continue her training.

In the summer of 2007 she went to Russia to work on ballet in order to improve her expressiveness and artistry. She returned to Aichi in December, 2007.



She dropped in rank before the world championship in 2008, but she came from behind to win the championship.

She went on to win a silver medal at the Vancouver Winter Olympic Games of 2010. She was not able to win a medal at

the Sochi Olympics of 2014 because she fell many times.

She announced that she would take the 2014-2015 season off and she rested from competition for one year.

She announced her return to active participation in May, 2015.

She competed in the All Japan Championship in 2015 where she came in third and won her eleventh medal. She announced her retirement in April, 2017.

She took first place in the favorite athlete rankings six times.

Also, she took first place in rankings for favorite athlete many children.

There were a lot of wonderful clothes and goods at the exhibition and many of them were sold out. Thanks to Mao, the popularity of figure skating has increased in Japan.

Christmas tree lighting ceremony at Sapporo Factory

By Yuri Kikuta



Sapporo Factory Christmas tree lighting ceremony, 2018

On November 3, a lighting ceremony for the Christmas tree was held at Sapporo Factory.

Sapporo Factory exhibits a huge Christmas tree and holds a lighting ceremony every year. This year's lighting ceremony was held at 5 p.m.

About 5,500 people came to the lighting ceremony this year to fill the entire hall. The ceremony was lit by children chosen by the public and when they pressed the switch about 40,000 lamps decorated in a 14 meter high Christmas tree were lit. This tree used a red pine donated by the town of Hiroo.

After the lighting ceremony there were live performances and a talk show. The live performances and talk show were held to support the reconstruction of the Hokkaido Eastern Iburi earthquake.

The popular musical group Doberman Infinity also appeared at this event. One of the members of the group is from Sapporo and he talked about when he lived in Sapporo.

The Sapporo Factory Christmas tree lighting ceremony is held every year.

Iwamizawa SUNNY TRAIN REVUE 2018

By Mizuki Ando

The music festival SUNNY TRAIN REVUE was held in Iwamizawa on July 28. This music festival was sponsored by STV, a TV station in Sapporo.

The festival opened at 11 a.m. and started at 1 p.m. The advance ticket price was ¥7,020. Preschool children were free. The ticket on that day was ¥8,640.

This music festival was held at the outdoor music venue Kitaon in Iwamizawa Park. Kitaon is a well-known music venue in Hokkaido.

Nine fantastic artists performed at the SUNNY TRAIN REVUE including Kishidan, Golden Bomber, C&K, and many more.

The SUNNY TRAIN REVUE coincided with the Dosanko Mirai Festival, which was also sponsored by STV to celebrate 60 years since it was established.

The Dosanko Mirai festival was held for two days on July 27 and 28 and was free.

There were a variety of performances and guests; for example, the popular



comedy duo Sandwichman, SHOKICHI from the group EXILE, Takashi Hosokawa and many others.

Moreover, there were many Hokkaido local dishes because these events always turn out large numbers people.

Iwamizawa is a little far from Sapporo,

so transportation is difficult if you don't have a car.

However, STV ran shuttle buses between Odori Bus Center Station in Sapporo and Iwamizawa Park. It takes about 30 minutes and is very convenient.

The shuttle prices are ¥1,500 for adults and ¥800 for students.

SUNNY TRAIN REVUE also sold official goods. There are official Iwamizawa T-shirts printed with all the performers names, as well as towels, rubber bracelets and other items.

Moreover, many of the artists exhibited and sold their original works of art. Many goods sold out quickly.

The official goods were well-received by those who attended.

At these events you can see famous artists close up. Many said that they hope another one is held again next year as well. STV holds many other events.

If you find an STV event in the future you should make an effort to attend.

Morioka Sansa Odori Festival

By Takumi Takada

The Morioka Sansa Odori Festival was held in Morioka city from August 1 to August 4 for four days. The Sansa Odori Festival began in 1977.

This was its 41st year. The festival is also known as "The World's Largest Drum Parade."

The entire city changes into a festive atmosphere during the festival. Both adults and children can enjoy it.

About 250 groups for a total of 35,000 people took part in this festival for four days.

The festival paraded many groups, such as Miss Sansa Odori Dancers and the Sansa Taiko group. At the Sansa Odori, floats made of flowers and citizen groups livened up the festival.

After the parade there were Circle Dances held at seven locations in the venue and anyone could participate freely.

The dance groups following one after another on Morioka Main Street were

impressive.

On June 10, 2007, the people of Morioka attempted the world record for continuous performance of Japanese drums

at the Morioka Racecourse (ORO Park) and it was officially recognized in the Guinness book of World Records as the largest in the world.

The reverberant drumming sounds and dancing under the night sky on the 1 km route of Morioka's main street was the best part of the festival.

In the Tohoku region the Tohoku Rokkon Festival was held from a few years ago.

The Tohoku Rokkon Festival was to put together by combining local summer festivals from all six Tohoku prefectures (Aomori Nebuta, Akita Kanto, Morioka Sansa Odori, Yama-gata Hanagasa,



Sendai Tanabata, and Fukushima Waraji) and reintegrated them into one big event.

The Tohoku Rokkon Festival is held on a rotating basis in each prefecture of the Tohoku region every year.

This year, both the Tohoku Rokkon Festival and the Morioka Sansa Odori Festival were held in Morioka.

If you are interested in festivals, please go see it.

And when you go to Morioka, be sure to participate in the Morioka Sansa Festival. Take in Morioka, along with its festival, and create a wonderful summer memory.

Movie: *The Age of Adaline*

By Shione Morioka

Do you believe in true love? It's a prerequisite to seek true love in a love story. These kinds of movies are tear jerkers. *The Age of Adaline* is a story of a pure and beautiful true love.

The main character Adaline was born in 1908. She was married, but her husband died in an accident. She was also involved in a freak accident which caused her to stop aging. Her appearance doesn't change even when she is 40 years old.

She began to be chased by FBI who thought it was suspicious. She didn't want to bother the people involved, so she changed her name and location constantly.

She fell in love a couple of times, but she always disappears when she becomes too serious because she thinks that she should never tell her secret.

She never gets older and she will always be lonely because she can't live a life with those she loves.

In a scene where she is in a taxi headed

for a nearby park she saw a man sitting on a bench holding a box with an engagement ring in it.

She took a deep breath and left the place. This scene is important later in the movie. She can't love deeply again.

She is afraid it will destroy the relationship if she tells her secret to him.

One day she went to New Years' party. There she was attracted to a man who seemed to be attracted to her, too.

They started at each other, but the man was dancing with another woman. Adaline was so sad.

When she got back home, the same man was also in the elevator.

Maybe Adaline and the man felt it was destiny.

The man's name was Ellis, and they started a relationship.

One day, his parents invited her to their 40th wedding anniversary party. However, it turns out that Ellis' father William was

her old lover many years ago.

Both of them became upset and Ellis and his mother seemed confused.

William thought about her for a long time remembering the old days.

Ellis realized Adaline had a problem and told her that he loves her. His confession penetrates her heart.

In response, Adaline doesn't know what to say. It is painful, but she used to love Ellis's father William a long time ago.

William's wife was sad and asked him, "Do you love Adaline more than me?" William said, "We have spent forty years together. You are the best."

Basically, when he saw Adaline again he remembered their past love. But the past is the past and William's wife believed in him.

Adaline has the curse of immortality and hence she can't believe and love someone.

Well, who will Adaline's choose? William or Ellis? The last scene will reveal what true love is. Please check it out.

The Batu Caves

By Ayano Nagata

The Batu Caves are located in the Gombak district of Malaysia, 13 km north of Kuala Lumpur.

It is said that it was formed 400 million years ago.

The caves are famous for its entrance of 272 steps and is a Hindu holy place.

At the Hindu Thaipusam Festival some practitioners pierce needles into their bodies.

This festival symbolizes beauty, youth, power and honors the God Murgan, also known as Subramania.

The festival also represents gratitude to the gods by self-piercing, which is prohibited in the Hindu home country of

India because it's considered too dangerous. Only Singapore and Malaysia allow this practice.

Many Hindus gather from around the world during the festival, but normal days are also crowded.

You can also buy Malaysian souvenirs there. It is a famous sightseeing spot in Malaysia.

It is recommended to go wearing loose clothing and sneakers as you walk up the stairway at a steep angle.

Since it's a religious facility you should avoid wearing rough clothing or shorts or sleeveless shirts.

You should always follow the local rules when you visit.



There are also many monkeys living around the caves, so be careful as they may come and take tourists' meals and drinks or other belongings.

There are colorful exhibits and mural paintings of many Hindu myths in the caves.

In the dark caves, exhibits

that are colorfully lit up and are interesting just by looking at them, even if you have no knowledge about Hinduism. It is like a little theme park.

If you study a bit about Hinduism before traveling it is more interesting when you understand the meaning of the exhibits.

Autumn Leaves in Hokkaido

By Haruka Shudo

You can enjoy the autumn leaves in Hokkaido because of the grand scale and wonderful rich nature.

Leaves begin changing color in early October in Hokkaido.

One famous site for viewing autumn leaves in Jozankei hot spring.

The beautiful autumn leaves spread out throughout the hot spring town.

You can enjoy the beautiful autumn leaves and the hot spring. How nice!

The middle of October is the best season for viewing there.

The most popular place in Hokkaido for Cherry blossom viewing is Maruyama Park, but it's also famous for autumn leaves. It's about a 5 minute walk from Maruyama Station.

The Hokkaido Shrine is also

located in Maruyama Park, so many people worship at the shrine after viewing the autumn leaves.

Mid to late October is the best time to see autumn leaves in the Maruyama Park.

Many people go there every year and they take a lot of pictures. Not only tourists, but local people also enjoy going to this park.

People might even be able to see wild Hokkaido squirrels.

Maruyama Zoo is near Maruyama Park and there are many delicious restaurants near Maruyama. The Maruyama area is very entertaining.

Odori Park is also a famous autumn leaves sightseeing spot.

Many people always visit this park. Sapporo TV Tower is a symbol of Odori Park and it is lit



up at night.

Odori Park is a famed tourist spot. Visitors take pictures of the Sapporo TV Tower and the autumn leaves.

Besides the autumn leaves, there are many flowers blooming in the park.

Various events are held there throughout the year, so it's enjoyable in every season.

The four seasons are very distinct in Japan, so people can enjoy the view of each season.

When trees change color in autumn we can enjoy the spectacular scenery.

The autumn in Hokkaido is considerably cool, so you should wear warm clothing while taking a walk to view the autumn leaves.

Hot springs popular throughout the world

By Tsukasa Sato

Hot springs have gushed in areas with much volcanic activity for several tens of thousands of years.

A hot spring's history is longer than human history. In ancient times it was difficult for people to boil hot water, so nature's hot water, like hot springs, were very valuable.

Also, hot springs have many types of

components.

Hot springs were worshiped because they were thought to be effective for fighting disease by taking a bath.

There are many hot springs in Japan. The three most popular hot springs in Japan are Atami Onsen, Beppu Onsen, and Nasu Onsen.

Also, there is the Jigokudani Monkey Park where you can see monkeys taking a bath. This is also a popular tourist spot.

In most western countries there is usually a rule that you must wear a bathing suit when you take a hot spring bath for both sanitation and religious reasons.

But in some western countries there is the culture of taking a hot spring like in a Japan.

Rome, for example, is a famous city for hot springs in Europe.

Hot spring culture in Hungary, where

public baths were constructed during the ancient Roman period, has a history of nearly 2,000 years.

In the UK, there is a city named Bath. The name is the origin of the word bath.

In Iceland, there is the biggest hot spring in the world called Blue Lagoon.

The area of this bath is 5,000 square meters.

If you are lucky, you can see the aurora from there.

People in western countries don't have the habit of taking a bath. They almost always take a shower because their purpose is only to wash the body.

But some countries that have an abundance of natural resources like Japan does have a robust hot spring culture.

Japanese people take a bath to relax and recover physical and mental health.

However, it is difficult to take a bath without a lot of water, but Japan is blessed with this natural resource.



Japanese macaques at Jigokudani Monkey Park

Pikachu & Eievui Café in Sapporo

By Mayu Kasai

PARCO Sapporo, in collaboration with the Nintendo Switch software game "Pocket Monsters Let's Go! Pikachu Let's Go! Eievui" created the café "Let's Go! Pikachu and Eievui" located inside the "Guest, Café & Diner"!

This café was a reconstruction of the game and scenario based on "Pocket Monster Pikachu" which was released as Game Boy software in 1998.

By combining the features of Nintendo Switch and "Pokémon GO" it became "Pocket Monster" which allows a completely new experience.

The café was open for a limited time from October 27 to

December 25, 2018 at the PARCO Department Store in Sapporo.

This café was also open for a limited time in Fukuoka, Ikebukuro, Osaka and Nagoya.

This collaboration café had cute menus of Pikachu, Eievui and many game characters.

Many Pokémon characters welcomed customers throughout the café.

All the menus in the shop were in the shape of a big monster ball.

There were six kinds of Pikachu and Eievui on the menu.

The dishes at the café were doria, ramen, beef stew, pud-



-ding and parfait and so on.

The drink menu included Pikachu and Eievui Latte (hot or ice), soda drinks and jelly drinks.

There were eight kinds of latte in all. A free gift came with some dishes.

There were many café-only goods inside the shop.

Among them were original illustrations only on sale in the café.

These included key holders, mugs, clear files, T-shirts and more.

There was a photo spot outside the café so anyone could enjoy taking pictures with Pokémon characters.

Movie: *Christopher Robin*

By Karen Matsuda

Christopher Robin is a fantasy movie which opened in theaters on August 31, 2018 in America and September 14, 2018 in Japan.

Director Marc Forster has directed many famous movies, such as *Finding Neverland* and *007 Quantum of Solace*.

Christopher Robin is played by Ewan Gordon McGregor.

He is a British actor known for his role as Obi-Wan-Kenobi in *Star Wars Episode 1 to 3*.

The voice of Pooh was played by Jim Cummings. He is an American voice actor known for his role of Winnie the Pooh.

This story takes place in present day London. Christopher Robin grew up and was living a busy life.

He was planning to go to his hometown with his wife and daughter, but his plans were ruined because he had to work.

Suddenly, Pooh appeared in front of him and asked him to help look for his friends in the forest.

This movie depicts the appearance of Christopher Robin who had forgotten the

importance of his childhood friends until his reunion with Pooh.

The origin of this movie was the book *Winnie the Pooh*, which was written by British writer A.A. Milne and published in 1926, and was later made into a film by the Walt Disney Company.

The characters of Christopher Robin and Pooh were first introduced to this world in a poem by A.A. Milne entitled *When We Were Very Young* published in 1924.

After that, a short edition of *Winnie-the-Pooh*, written by A. A. Milne for his son Christopher Robin was published in 1926 and is still regarded as one of the most popular children's books ever in history.

The characters appearing in the story are modeled after stuffed toys that his son Christopher Robin had, and Pooh and his friends Piglet, Tigger, Eeyore and Kangaroo stuffed animals are currently on display at the New York Public Library.

This movie has many words of wisdom and Pooh will tell you the most important things. Everyone will enjoy this movie.



What is Yoga?

By Sayaka Otabe

Recently, Yoga has become a fitness trend in Japan. The word “yoga” means “connection” in Sanskrit and its origin is India.

Yoga is a philosophy and it first appeared in the Indus Valley Civilization around 4,000 to 2,000 BC as a method of controlling the mind through different physical positions in order to attain spiritual enlightenment.

However, these days it is used as a means of physical training and exercise.

There are many kinds of Yoga. The most common is called Hahta Yoga. Hatha appeared around the year 1,000 BC.

Its aim was to create a relaxing state of mind through different body positions and breathing techniques in order to purify and

strengthen the mind and body.

Many other kinds of yoga appeared one after another with various philosophical differences, but Hatha yoga remains the most common type of yoga.

These days yoga is separated into traditional and hot yoga, which is very trendy.

The difference is that Hot Yoga is practiced at a higher than normal temperature (because India is a very hot country) and traditional yoga is practiced at normal room temperature.

There are many mental and physical benefits to practicing yoga.

With yoga you can train your body and bring your joints, bones and internal organs back to their correct positions.



It is also effective for shaping your body and improving your posture.

By breathing in and out repeatedly you can realign your body and open up your mind to create a calm state of mind.

Being physically and mentally healthy is a condition necessary for a lively and vigorous life.

You should try practicing yoga at least once. You will see benefits right away.

Delicious Korean foods

By Sayaka Otabe

The Korean boom continues in Japan in recent years. So what do you think of when you think of Korean food? Kimchi? Chimijin? Cold noodles? Bibimbap?

Most people probably think of those when they think of Korean food. Delicious Korean food isn't only available in Japan. Some classic Korean cuisine, sweets and candy are described below.

☆Basic dishes with Korean rice.

< KINPA >

This is a Korean type of Norimaki (rice wrapped in seaweed). Kinpa is stuffed with carrots, spinach, kimchi, egoma leaves, pickled radish, beef, ham, tuna, crab boiled fish paste, cheese and fried egg.

< KUPPA >

Soup or side dishes with rice and are sometimes served before the main meal. There are soups that aren't spicy and you can order them with YANNYOMU sauce (a hot sauce) separately or together, and you can add raw red chili pepper and kimchi to suit your taste.

☆Korean food with noodles.

< JYA-JYA noodles >

This dish is made by stirring finely chopped minced pork with bean miso and placing it on top of boiled noodles.

< BIBIN noodles >

This is a traditional cold noodle dish which is very popular, especially in summer. The noodles are made from very thin wheat or buckwheat flour similar to Japanese noodles and is mixed with KOCHUJAN sauce (a sweet and spicy red chili paste). Stir and eat.

These are just a few of many Korean dishes. If you go to Korea you will soon notice that the seasoning used there is different than what is used in Japan.

In addition, you can enjoy the food that Koreans most often eat.

By all means, please visit Korea and enjoy the food.



KINPA



KUPPA



JYA-JYA Noodles



BIBIN Noodles



*Fall &
Winter
Campus
Scenes*

